# WILDERNESS TOURS 2024 KEENER KAYAK APPLICATION

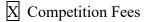
KEENER LAST N	IAME		FIRST N	NAME
SEXD	OB	HT	WT	T SHIRT SIZE
STREET			CITY_	
PROV/STATE	PC/ZIP		_Country	PHONE
KEENER EMAIL				
HEALTH INS CO	MPANY		PLA	N #
second session who	en attending 2 sessi	ons. We require	a 50% deposit w	cond Keener. Please deduct \$100/week from tith the balance due 120 days in advance of ers save about 25% on the exchange rate.
	ALL BOXES THAT		2 Sat June 22	Rate is \$1 195/week

- ☐ 3 Week Senior Keener Leadership Camp Sun, June 2 Sat, June 22 Rate is \$1,495/week Geared for recent high school grads ages 17-19 university bound. Call or email for more information.
- □ 1 Week Big Water Training Sun, June 16 Sat, June 22 Rate is \$1,195 (incl Sat stayover for Session 1)
- $\Box$  3 Week Session (1) Sun, June 23 Sat, July 13 Rate is \$1,395/week
- $\Box$  3 Week Session (2) Sun, July 14 Sat, Aug 3 Rate is \$1,595/week
- $\Box$  3 Week Session (3) Sun, Aug 4 Sat, Aug 24 Rate is \$1,395/week
- □ 1 Week Keener Competition Week Aug 25 Aug 31 the focus is on competition skills \$1,195

**REQUIRED EXTRAS** (Keeners currently certified in FA/CPR and SRT are exempt – please send copy of certs with application) X Keener clothing \$109 (2-T's and a hoodie) X Kayak First Aid Kit \$95 (this is mostly first aid supplies)

X First Aid Course \$279 (3 year international certification which meets river guide/kayak instructor requirements) mandatory

- X SRT \$269 (CRC Swiftwater Rescue Technician Level 2 3 year international certification which meets river guide/kayak instructor requirements)
- X Kayak throw bag \$109 (mandatory, along with SRT)
- X Travel to other rivers (expenses are tallied and divided among Keeners)



# **OPTIONAL EXTRAS** – please check off required extras

- Cancellation Insurance \$199/week (allows for full refund & requires 3d party written verification e.g. doctor) We highly recommend!!
- Ottawa Airport Shuttle \$169 each way (please send flight information at least 15 days prior <u>Keeners need a passport</u>) surcharge will be added if arrival and departure are outside of suggested arrival and departure times
- □ Boat Rental \$150/week (40% discount if flying); □ Gear Rental \$100/week (paddle, spray skirt, helmet, life jacket)

Prices and programs subject to change without notice.

CREDIT CARD #			EXPIRY	CV	V
YOUR CARD WILL BE DE	BITED FOR 50% WITH	THE BALANCE DEBITED	120 DAYS IN	<b>ADVANCE</b> OF	ARRIVAL.

NAME ON CARD

SIGNATURE

# PARENTS NAME & EMAIL ADDRESS

Mail, email to: Wilderness Tours, 1260 Grants Settlement Road, Foresters Falls, ON K0J 1C0 Please direct Questions to Joe at 1.888.RAFT.NOW ext 230 or email joe@wildernesstours.com. Joe's direct line is 613.703.6107; Paula's direct line is 613.703.6113.

# **2024 AFFIDAVIT OF (parents)**

WE,	, pa	, parents/guardians residing at (insert		
address) SAY AS F	FOLLOWS:	MAKE OATH AND		
That we are the pa	arents of	_, born on		
the				
That the said	resides a	ıt		
That our son/daug	hter (please circle) is attending a kayak school w	ith Wilderness Tours on the Ottawa River		
have discussed thi	at part of this program will involve traveling to ot s arrangement and consent to			
	school program and competitions, f Wilderness Tours Staff and/or representatives.	will be under the care		
authority to author	ize and agree that the staff of Wilderness Tours a rize medical treatment if required and to act as gu	ardians. Our Health Card Insurance		
We make this Aff Wilderness Tours noted time period	idavit for the sole purpose of permitting	to attend the ew, Province of Ontario during the above- c or other Ontario locations and for no		
means following s	ize – please cross off "do" or "do not"). Please note safety protocol of minimum of 3 Keeners with ser val by Keener coach that Keener has necessary sl	nior Keener as trip leader; sign in and sign		
behalf of the Keer	edit card to be used for fees, medication, extra staff time or any other exp ner. I have read and understand the Required Read are absolutely no refunds of any kind without can	ding section of the application. I also		

# **REQUIRED READING**

# **PAYMENT AND RATES**

**Rates are quoted in Canadian Dollars**. Payment by credit card calculates the exchange against the current rate and is the preferred method of payment. Any other forms of payment will require the current exchange to be calculated on the total. Rates are per week. Please add \$15/day Park Pass Service Charge and 13% tax (HST). Clothing and other tangibles are subject to an additional 13% tax.

# **CANCELLATION POLICY**

A 50% deposit is required upon reservation with a major credit card. The balance will be charged to the same card 120 days in advance of the participant's arrival. Cancellations made prior to 120 days will receive a 85% refund. There are no refunds or cancellations within 120 days on the program or any item relating to Keeners. Cancellation insurance should be purchased on the reservation, which will cover guests in the event of a serious illness, accident or family bereavement with a third party certificate such as a doctor's note.

#### WHO SHOULD BE A KEENER

The Keener Program is for teens with a passion for kayaking and who already possess a good "roll" in whitewater. It is not a traditional summer camp and bears no resemblance to one. It is a high-performance athletic program. Keeners are coached on the water and supervised off the water. We offer a teen resident kayak camp for teens whose skill level is not quite sufficient for Keeners.

#### DISCIPLINE

As stated above, Keeners is high performance athletics. While discipline problems are rare, they can occur. Minor infractions are dealt with "time off the water". As Keeners are minors, they still have to be supervised and we debit the parents credit card for costs incurred. While rare, serious infractions result in expulsion and parents are required to pick up their son or daughter immediately.

FLYING TO WT (passports are required for all international Keeners)

Our closest international airport is Ottawa (YOW) about a 2-hour drive from WT. Keeners flying to Ottawa should arrive Sunday afternoon between 1-4 pm. Keeners departing Ottawa on Saturdays should schedule a departing flight 12 – 4 pm. International Keeners must call WT at 1.888.RAFT.NOW from their

departure city if they are on a direct flight or from their last transfer point.

For example, if you are flying from Denver through Chicago to Ottawa, call us from Chicago to let us know if your flight is still on time. Our toll free number works from any pay phone without cost to the caller. You will clear customs and immigration in Ottawa. Once you have cleared customs and immigration, just walk outside the terminal and wait to be met by a WT staff member wearing a red staff shirt. If there are any problems, just go to a pay phone and dial 1.888.RAFT.NOW. <u>All flight information including airline, flight number, arrival and departure cities and times are required in writing at least 14 days prior to arrival. WE REQUIRE THE E-TICKET FLIGHT SCHEDULE FROM THE AIRLINE at least 15 days prior to flight to avoid financial penalty. WE DO NOT TAKE FLIGHT INFORMATION OVER THE PHONE. Keeners arriving and departing outside the recommended window my be charged \$20/hour for wait time.</u>

#### **FLYING HOME**

Our responsibility ends when we ensure the Keener is checked in and goes through security. Keeners flying to or through the US clear US Customs and Immigration in Ottawa. It is your responsibility to maintain cell phone contact with your Keener and monitor their flights.

# FLYING AS AN UNACCOMPANIED MINOR

Young teens can be sent as an "unaccompanied minor". Airlines accept responsibility and only release the minor to an authorized person. You must let us know if your Keener is flying as an unaccompanied minor to arrange for our representative to meet them inside the terminal to "sign" the release; otherwise, we wait outside. Ottawa is a small air port and getting lost is not an issue. <u>IT IS IMPERATIVE FOR YOUR KEENER TO FLY WITH A LETTER OF PERMISSION SAYING YOUR CHILD IS ENROLLED IN KEENERS AND WILL BE MET AT THE AIRPORT BY A REPRESENTATIVE OF WILDERNESS TOURS.</u>

# \_FLYING TO WT WITH YOUR KAYAK

Most airlines now accept freestyle kayaks as checked baggage. However, diligence on your part is still required. Air Canada requires you register with them as they limit the number of kayaks on a flight (because of space issues). For example, the limit for Ottawa on a small plane is 2 kayaks. United Airlines accepts kayaks if you belong to USACK. Go online and become a member. It's always best to have your kayak/paddle in a bag. Don't weigh it down packing gear into your boat. Best is to rent a kayak from us and receive 40% discount. If convenient, bring everything else but the kayak.

# PASSPORTS

Passports are required for all international Keeners.

# **ARRIVAL AND DEPARTURE INFORMATION**

Arrive Sunday at 3-4 pm at WT. Find map & travel directions at <u>www.wildernesstours.com</u>. Pick up & departure is <u>10 am on Saturday at Keenerville</u>. Stay at WT with a 20% discount on camping/cabin/meal packages.

#### TRAVEL TO OTHER RIVERS

Keeners travel to other rivers during each session. Costs are tallied and divided between the Keeners. Cost is about \$50 - \$90. Other rivers may include the Petawawa in Algonquin Park and Quebec's Gatineau or Rouge.

#### **PRO DEALS**

We have a Pro Deal for Keeners from Level 6. They make great gear that we wear and use ourselves. To order Level 6 gear, order from them directly. We supply Level 6 with the Keener Roster. You will receive a 20% discount and your gear will be shipped to you directly or to WT waiting your arrival. Check out all their great products at <u>www.levelsix.com</u>.

#### SAFETY

Keeners is a rigorous program and while serious accidents are unlikely, they are possible. A signed waiver is required and can be completed on our website prior to attending their session. If a Keener is injured during training and is unable to complete the course, we credit the unused portion for time later in the season or the following season. Keeners using a credit for the following season must come for a minimum of 3 weeks.

#### **FREE PADDLING**

With written permission from the Head Coach (and parent) Keeners are free to paddle on their own. However, this is only under Keener protocol which includes signing out and back, all paddlers must be back ½ hour before dark, paddling with first aid kit, paddling with other Keeners (min group size is 3 except for McCoy Chute which is 2), senior Keener in charge.

#### PARENTS PROGRAM

Keener families receive a 20% discount on WT rafting and kayak school as well as accommodations and camping.

#### KID'S WEEK Dates to be announced

For ages 7-11 and must be accompanied off river by an adult.

#### FIRST AID/CPR AND SRT

These international certification courses are a standard for river guides and kayak instructors. Wilderness Tours is a founding member of the Canadian River Council (CRC). They are mandatory for Keeners. Keeners who are already certified need to provide us with a copy of the certification for our files with the application. Keeners who do not hold a current certification are required to take the First Aid and SRT course during their Keener stay.

# LAUNDRY

Keeners have a washer/dryer at Keenerville.

# WHAT TO BRING CHECKLIST (Put your name on everything)

# Please note Keeners have washer/dryer for laundry and the river is warm!

□ Freestyle boat, paddle, life jacket, helmet, spray skirt (if not renting)

C River clothing (rash guard, running shoes or sandals, river shorts, paddling jacket, dry top – see Pro Deal at Level 6 if you need something)

# □ PROPER RIVER SHOES ARE MANDATORY

- □ Sleeping bag lightweight (bunks come with mattress, fitted sheet, top sheet, pillow and pillowcase)
- □ Personal items
- $\Box$  2<sup>ND</sup> pair of glasses (with safety strap) or supply of contact lenses
- $\Box$  Clothes;  $\Box$  Alarm Clock
- $\square$  Book or E-reader
- □ Sunscreen
- $\hfill\square$  Medical information including health insurance card
- □ Duct tape

□ Small off-river first aid kit with band aids, Tinactin, Polysporin, elastic bandage, calamine lotion, ear drops, advil and alcohol swabs

- □ Favorite Kayak Videos
- $\Box$  Notebook and pen;  $\Box$  Flashlight
- $\Box$  Sturdy sneakers or running shoes
- $\square$  Combination lock
- □ Passport (passports are required for all US & International Keeners)
- $\Box$  Signed parent affidavit

Debit or bank card for spending money (parents can also have spending \$ debited to their credit card anytime during Keeners stay by contacting our office - \$20-30/week is plenty)

 $\square$  Waterproof wrist watch – Keeners cannot paddle on their own on weekends without one

□ Put your name on everything

# WHAT NOT TO BRING

Electronics

Keeners with cell phones and flying to WT should bring them for communication while travelling. However, once Keeners are at WT, cell phone use is at a minimum and we collect the sim card during Keener stay.

Smoking, stealing, drinking, drug use, bad language, improper personal relationships are not tolerated. Piercing is not permitted (other than small ear studs for girls only) RACY READING MATERIAL OR VISITING IMPROPER WEBSITES IS NOT PERMITTED

# DISCIPLINE

While having to administer discipline to Keeners is rare, it sometimes happens and is required for minor infractions. Keeners "on report" lose their paddling privileges for the day and spend their time with WT's maintenance department performing character building tasks like picking up garbage or cleaning toilets, along with a supervision fee. A major infraction will result in immediate expulsion with no second chances or refunds. Keeners aware of a major infraction and do not report it are also expelled.

# **OTHER INFORMATION**

Best Time to Call (in order of priority) Weeknights 8:30 pm – 9:30 pm; mornings 9 am – 10 am & weekends Keener Mailing Address – Keener Name c/o Wilderness Tours, 1260 Grants Settlement Road, Foresters Falls, ON K0J 1V0 First Aid/CPR and SRT are mandatory unless Keener holds current certification Keener Speech Night follows Toastmasters International Protocol Big Water/Competition Wks incl Sat night stayover after (Big Water) and before (Competition)

# A TYPICAL KEENER 3-WEEK SESSION

SUN	MON	TUE	WED	THU	FRI	SAT
4 pm Arrival 6 pm Dinner 7 pm Meeting 10 pm Bed	Pick up rental boats Warm up Day Speech Night	Keener Cooking Class evening session	Ropes & knots Evening session Ropes and Knots	Big Water Beatdown	Competition 6 pm - Pizza Party Campfire	First Aid/CPR Free paddling Cooking class
First Aid/CPR Free paddling Photo Video Training	Speech Night	SRT Training Keener Cooking Class Ropes & knots	SRT Training Movie night in Pembroke	Big Water Beat Down	Competition 6 pm - Pizza Party Campfire	Free paddling Keener Cooking Class
Free paddling Photo Video Training	Speech Night	Keener Cooking Class Ropes & knots evening session		Road Trip	Competition Turn in rental boats 6 pm - Pizza Party Campfire	Session Ends 10 am sharp Keeners depart

Please note that schedule may vary; <u>Free paddling means following "Keener Paddling Protocol"</u> Keeners flying in should plan on arriving in Ottawa (YOW) **between 1 - 4 pm on Arrival Sunday** Keeners flying out should book flight to depart Ottawa (YOW) between **1 - 4 pm on Departure Saturday** Arrivals and Departures outside the window above may result in extra charges of \$20/hour of wait time **We require e-ticket at least 15 days prior to flight**. Late flight information may result in a financial penalty.

Please note that when picking up a group of keeners at the airport, we time the pickup for the last Keener flying in. That means the first part of the group has to wait for the last part of the group. The Ottawa airport is small and safe.

**International Keeners** flying will clear Canadian Customs and Immigration at their airport of entry. **The river is warm** so dry suits are not necessary, Pack light as Sunday - Friday evenings dress is Keener clothing. Washer/Dryer is provided at Keenerville so Keeners can pack light Keener Cabin Phone #'s 1.888.723.8669 or 613.703.6110 ext 272 for Yakistan and ext 273 for Robertson's.

**SENIOR KEENERS** (for Keeners 17 years old and attending at least 2 sessions) Senior Keeners is the next step in youth development, Senior Keeners train with Keeners Mon-Fri receive job training skills on the weekend in kayak related positions. Senior Keeners receive a \$200 /week discount. Contact Joe for information at 613.703.6107 or email joe@wildernesstours.com.

**SENIOR KEENER LEADERSHIP CAMP** (new high school grads age 17-19 university bound) This program is to prepare your son or daughter for college/university to ensure their success. The goal is physical, mental and emotional toughness. It's boot camp without the olive drab! On the academic side, it's communication. both oral and written. On the physical side, it's leadership training. The end goal is to develop one's vision, communicate it and lead to achieve it. Simple!